

PSYCHOLOGICAL COUNSELING SERVICE
COVERED BY
STUDENT HEALTH SERVICE

The Student Health Service of Washington University Medical Campus provides both on and off campus psychological counseling services, offering you many options. Your wellness and privacy is always our goal.

For your convenience and privacy the Student Health Service Counseling Service has a separate office space located on the first floor of our building. Dr. Allyson Bass, Licensed Staff Psychiatrist, Dr. April Allen, Licensed Staff Psychologist, Dr. Kenton Wertman, Licensed Staff Psychologist, and Dr. Gladys Smith, Sexual Violence Prevention Therapist and Licensed Psychologist are available by appointment only. The Student Health Counseling Service is located at 4525 Scott Ave, 1st floor, Suite 1154, call for an appointment is (314) 362-2404.

A student does not need to see the Director or one of the physicians at the Student Health Service for a referral to see a Psychologist or Counselor. An interaction with a Student Health Service physician or mental health provider is necessary before seeing a Psychiatrist for evaluation and/or triage for efficiency in obtaining an appointment.

Student Health Service makes every effort to ensure the student's privacy. Records regarding psychiatric or psychological care are kept separate from the student's regular medical chart. A student's provider is the only individual with access to these records.

The initial assessment session is provided free of charge. For subsequent visits, a student pays a \$10.00 co-payment directly to their provider. Research demonstrates that some financial contribution increases a student's investment in counseling. Students are charged \$40.00 for appointments missed without proper notice.

Students are encouraged to make an appointment with one of the physicians at Student Health or talk to one of the nurses if they are having difficulty making an appointment or not pleased with the evaluation and/or treatment. Psychological concerns maybe treated with counseling, medication alone, or both in combinations. Primary care physicians at Student Health are comfortable evaluating the appropriateness of medication.

In addition, Student Health Service has partnered with ENI, a Balance Works benefit, Student Assistance Program (SAP) for all enrolled students and their immediate family members. This service is provided 24/7 mental health services to enable students to obtain the best possible education and assist with issues that may have an impact upon your personal live and your school performance.

Students are also encouraged to seek the support of peer groups such as Student Support Services and the Student Advisory Committee. These groups seek to provide an avenue by which students can learn to balance their own needs in the midst of their graduate training.

A detailed description of these benefits can be found on the Student Health Service web-site:
<http://wusmhealthservices.wustl.edu>.

WASHINGTON UNIVERSITY STUDENT HEALTH
PSYCHOLOGICAL SERVICES

Student Health Counseling Service (314) 362-2404

Due to COVID therapists are currently working remote. Best to email the providers for an appointment

**Dr. April Allen – Staff
Psychologist
EMAIL:
aprilallen@wustl.edu**

**Dr. Kenton Wertman –
Staff Psychologist
EMAIL:
k.wertman@wustl.edu**

**Dr. Gladys Smith – Sexual
Violence Prevention
Therapist and Licensed
Psychologist
EMAIL:
smithgladysa@wustl.edu**

Meet your Therapist – Many providers have a short Bio and a picture on our website: <https://wusmhealth.wustl.edu>.

Dr. Gregory Goldman
7110 Oakland, Suite 105
Richmond Heights, MO 63117
ggoldman@psychservstl.com
PHONE: (314) 884-8075

Dr. Sharon Lightfoot
4231 Laclede Ave
St. Louis, MO 63108
PHONE: (314) 289-9981

Dr. Emily Carter
Telehealth – Only
dremilyecarter@gmail.com
PHONE: (312) 857-8545

Dr. Liz Davis Goldman
140 Prospect Ave
Kirkwood, MO 63122
drliz@psychservstl.com
PHONE: (314) 884-0180

Joy Onukogu,
Licensed Professional Counselor
Telehealth – Only
joyonukogu@gmail.com
PHONE: (314) 745-5178

Alicia Cunningham,
Licensed Professional Counselor
8420 Delmar Ave, Suite 300
St. Louis MO 63124
alicia@thecommunityreach.org
PHONE: (314) 301-9994

Kenneth McCain,
Licensed Professional Counselor
4390 Lindell Blvd,
St. Louis MO 63108
Kenneth.mccain@kmgrou-stl.com
PHONE: (314) 956-0547

Sarah Tyndall, MSW, LCWS
140 Prospect, Suite H
Kirkwood, MO
Sea1978@gmail.com
PHONE: (314) 516-3753

Jeffrey Piper, MSW
130 S. Bemiston Ave, Suite 506
St. Louis MO
jpipermsw@gmail.com
PHONE: (314) 361-5983

Ebony Hutchinson, MSW
3751 Penridge Dr, Suite 119
Bridgeton, MO 63044
e.hutchinson@ebonytherapy.com
PHONE: (314) 443-7776

Huey Hawkins, PhD, MSW
7700 Clayton Rd, Suite 201
Richmond Heights, MO 63117
hueyhawkinsjr@yahoo.com
PHONE: (314) 882-6840

Ingrid Smith MSW, LCSW
2480 Executive Dr, Suite 111
St. Charles, MO 63303
info@yourtherapeuticsolutions.com
PHONE: (314) 782-8884

Linda Lingli Zhang, Phd, Med,
NCC, LPC
3460 Hampton Ave, Suite 106
St Louis, MO 63139
LiveFlow@LiveFlowSpace.net
PHONE: (314) 669-6525

Sherie Kaplan, MSW
130 S. Bemiston Ave, Suite 704
St. Louis MO
sheriekaplan@icloud.com
PHONE: (314) 367-7470

Aya Kawasaki, LCSW
225 S. Meramac Ave, Suite 203
Clayton, MO 63105
Aya51csw@gmail.com
PHONE: (314) 445-5678

Mauranda Jones,
LCSW, BC-TMH, BCD
Teletherapy - Only
PHONE: (747) 784-3506

Jennifer Stanuch, MSW, LCSW
222 S. Meramec Ave, Suite 300
St Louis MO 63105
jenny@enliventherapystl.com
PHONE: (314) 710-2753

Susan Hubbard, MSW
1750 Brentwood Blvd, Suite 501
St. Louis, MO 63144
slhubbardmsw@yahoo.com
PHONE: (314) 968-3839

Stephanie Barbee, LCSW
6551 Corbitt Ave
St Louis, MO
sbarbee@spectrumofhealingllc.com
PHONE: (314) 238-8012

Isaac Huddleston,
Licensed Professional Counselor
392 Chez Paree Dr
Hazelwood, MO
mentalt314@gmail.com
PHONE: 314-749-6030

Jasma Morris, LPC
3751 Penridge Dr. Suite 119
Bridgeton, MO 63044
admin@ebonytherapy.com
PHONE: (314) 422-8118

Kristin Bulin, LCSW
4231 Laclede
St Louis MO 63108
Kristin.bulin@uhsinc.com
PHONE: (314) 329-4326

Shanon Harlow
Understanding Minds
Psychological Service
clients@understandingmindsstl.com
PHONE: (314) 729-1200

Open Arms Wellness
info@openarmswellness.com
PHONE: (314) 3329-4326

STUDENT ASSISTANCE PROGRAM

Call/text 800 – 327 – 2255
NexGen EAP mobile app (company id: 8591)
Live chat online:
www.nexgeneap.com