PSYCHOLOGICAL COUNSELING SERVICE
COVERED BY
STUDENT HEALTH SERVICE

The Student Health Service of Washington University Medical Campus provides both on and off campus psychological counseling services, offering you many options. Your wellness and privacy is always our goal.

For your convenience and privacy the Student Health Service Counseling Service has a separate office space located on the first floor of our building. Dr. Allyson Bass, Licensed Staff Psychiatrist, Dr. April Allen, Licensed Staff Psychologist, Dr. Kenton Wertman, Licensed Staff Psychologist, and Dr. Gladys Smith, Sexual Violence Prevention Therapist and Licensed Psychologist are available by appointment only. The Student Health Counseling Service is located at 4525 Scott Ave, 1st floor, Suite 1154, call for an appointment is (314) 362-2404.

A student does not need to see the Director or one of the physicians at the Student Health Service for a referral to see a Psychologist or Counselor. An interaction with a Student Health Service physician or mental health provider is necessary before seeing a Psychiatrist for evaluation and/or triage for efficiency in obtaining an appointment.

Student Health Service makes every effort to ensure the student's privacy. Records regarding psychiatric or psychological care are kept separate from the student's regular medical chart. A student’s provider is the only individual with access to these records.

The initial assessment session is provided free of charge. For subsequent visits, a student pays a $10.00 co-payment directly to their provider. Research demonstrates that some financial contribution increases a student’s investment in counseling. Students are charged $40.00 for appointments missed without proper notice.

Students are encouraged to make an appointment with one of the physicians at Student Health or talk to one of the nurses if they are having difficulty making an appointment or not pleased with the evaluation and/or treatment. Psychological concerns maybe treated with counseling, medication alone, or both in combinations. Primary care physicians at Student Health are comfortable evaluating the appropriateness of medication.

In addition, Student Health Service has partnered with ENI, a Balance Works benefit, Student Assistance Program (SAP) for all enrolled students and their immediate family members. This service is provided 24/7 mental health services to enable students to obtain the best possible education and assist with issues that may have an impact upon your personal live and your school performance.

Students are also encouraged to seek the support of peer groups such as Student Support Services and the Student Advisory Committee. These groups seek to provide an avenue by which students can learn to balance their own needs in the midst of their graduate training.

A detailed description of these benefits can be found on the Student Health Service web-site: http://wusmhealthservices.wustl.edu.

WASHINGTON UNIVERSITY STUDENT HEALTH
PSYCHOLOGICAL SERVICES

Student Health Counseling Service  (314) 362-2404
Due to COVID therapists are currently working remote. Best to email the providers for an appointment

Dr. April Allen – Staff Psychologist
EMAIL: aprilallen@wustl.edu

Dr. Kenton Wertman – Staff Psychologist
EMAIL: k.wertman@wustl.edu

Dr. Gladys Smith – Sexual Violence Prevention Therapist and Licensed Psychologist
EMAIL: smithgladysa@wustl.edu

Meet your Therapist – Many providers have a short Bio and a picture on our website: https://wusmhealth.wustl.edu.
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Dr. Gregory Goldman
7110 Oakland, Suite 105
Richmond Heights, MO 63117
goldman@psychservstl.com
PHONE: (314) 884-8075

Dr. Sharon Lightfoot
4231 Laclede Ave
St. Louis, MO 63108
PHONE: (314) 289-9981

Dr. Tom Wagner
8000 Bonhomme, Suite 321
St Louis, MO 63105
PHONE: (314) 503-8080

Dr. Emily Carter
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goldman@psychservstl.com
PHONE: (314) 884-8075

Dr. Sharon Lightfoot
4231 Laclede Ave
St. Louis, MO 63108
PHONE: (314) 289-9981

Dr. Tom Wagner
8000 Bonhomme, Suite 321
St Louis, MO 63105
PHONE: (314) 503-8080

Dr. Emily Carter
Telehealth – Only
dremilyecarter@gmail.com
PHONE: (312) 857-8545

Dr. Liz Davis Goldman
140 Prospect Ave
Kirkwood, MO 63122
drliz@psychservstl.com
PHONE: (314) 884-0180

Joy Onukogu,
Licensed Professional Counselor
Telehealth – Only
joyonukogu@gmail.com
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Alicia Cunningham,
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aprilkadamslp@gmail.com
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admin@ebonytherapy.com
PHONE: (314) 422-8118

STUDENT ASSISTANCE PROGRAM
Call/text 800 – 327 – 2255
NexGen EAP mobile app
(company id: 8591)
Live chat online:
www.nexgeneap.com

Meet your Therapist – Many providers have a short Bio and a picture on our website: https://wusmhealth.wustl.edu.