

Dr. Kenton Lee Wertman is a clinical psychologist who has worked with Washington University School of Medicine students for over 25 years. He received his MS in psychology from New Mexico Highlands University in 1986. He went on to receive his doctorate in clinical psychology from St. Louis University in 1988 and was licensed in the State of Missouri in 1989. Upon graduation, he worked at the Behavioral Medicine Center of Jewish Hospital in St. Louis. There he worked with an interdisciplinary team of physicians, including psychiatrists, social workers, and nurses in both inpatient and outpatient settings. The team helped individuals and families address mood and anxiety disorders as well as cope with physical illnesses utilizing cognitive-behavioral treatments. In 1991 he joined a group of three psychiatrists in private practice where he provided psychotherapy to a variety of patients and consultation to the group. Beginning in 1990 he became an off-site psychologist for the Washington University Medical School Student Health Center providing individual psychotherapy to their students. In 2015 Dr. Wertman transitioned to being an on-site clinician for WUSM.

In 1996 he started his own private practice that has continued to the present. At that time he had also recently finished the Advanced Psychodynamic Psychotherapy (APP) Program offered by the Saint Louis Psychoanalytic Institute. Given his training in behavioral, cognitive, and psychodynamic modalities, Dr. Wertman brings a number of skills and competencies to treat the suffering of his patients. He has worked extensively with individuals struggling with anxiety, depression, life transition issues, loss and compulsive behaviors, including sexual compulsions. He has always served a diverse population, including the LGBT community. Addressing the whole person, and not just the symptoms, is his approach to therapy whether it is a short-term or long-term treatment.